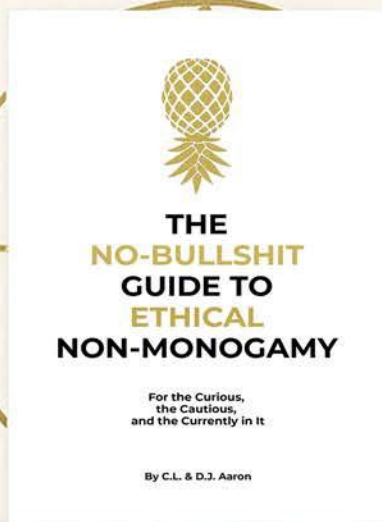


CURIOUS

CAUTIOUS



ALREADY IN IT

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– NO BULLSHIT NEEDED –

FOR IMMEDIATE RELEASE — October 15, 2025

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Non-Monogamy is a grounded, practical guide to love beyond monogamy. Drawing on law, psychology, and lived experience, it replaces outdated scripts with real tools for honesty, boundaries, and repair.

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“Your ‘no’ is not a negotiation, a suggestion, or a moral failing. It is your sovereign right and a sacred act of self-respect.”

“The entry requirement for ethical non-monogamy is not perfection; it is a commitment to repair.”

“Being placed on a pedestal is not a compliment; it is a cage. Being highly sought after is not the same as being highly valued.”

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About the Authors

C.L. & D.J. Aaron are a pseudonymous married couple drawing from lived experience in ethical non-monogamy and professional backgrounds in law, psychology, and education. Their work blends research, real-world insight, and a no-nonsense approach to modern relationships.



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